



Seasons for Growth is an evidence-based program and this evaluation is critical to ensure we continue to seek that evidence to report to schools and other agencies. We hope this background information provides further context for the importance of this Evaluation to the work of Good Grief and our continued support for children and young following a significant change or loss in their lives.



WHO IS CONDUCTING THE EVALUATION?

Professor Andrew Day of James Cook University, Queensland is the Principal Researcher.

WHAT AND WHY EVALUATE?

- *Seasons for Growth* is an evidence-based program - the evaluation will facilitate greater insight into children and young people's understanding of change, loss and grief;
- Questions in this evaluation are modelled on the questions from the 2010 evaluation so that we can compare the findings;
- An objective, external "Kidscreen Wellbeing Scale" will be included to map children's wellbeing pre and post *Seasons for Growth* against population norms in 13 different European Countries;
- The surveys are designed to determine if *Seasons for Growth* achieves the intended long-term outcomes for participants;
- The surveys will also gather some qualitative information that will give us greater insight into how we can support those who take part in *Seasons for Growth*;
- Contributions from Australia, New Zealand, England and Scotland will be included.

SURVEYS - HOW DO THEY WORK?

- Participants and Parent/Carer - will each complete pre-program, post-program and follow-up surveys;
- Companions - will complete a post-program survey;
- Participants and the Parent/Carer will share the same Participant ID so we can relate the answers and still ensure privacy.

WHY PRE-PROGRAM AND POST-PROGRAM SURVEYS?

- Pre-program and post-program surveys allow for direct comparison in attitudes and wellbeing of participants before and after the group
- The 3-4 month follow-up participant and parent/carer surveys are designed to evaluate the ongoing impact following the *Seasons for Growth* program.

2017 PILOT

The Evaluation was piloted in 2017 to establish appropriateness of the survey questions and to seek feedback from children and young people, parents/carers, and companions.

WOULD YOU LIKE MORE INFORMATION?

Please contact the Good Grief office on 02 8912 2700 or evaluation@goodgrief.org.au



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